



SOUTH PERTH SENIOR CITIZENS CENTRE

Newsletter

August
2026

WELCOME

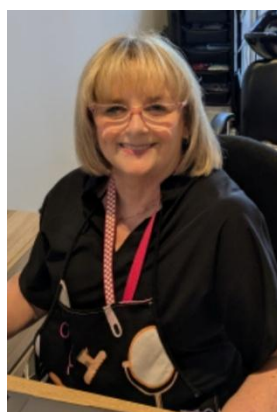
We celebrated Christmas in July in real style at our lunch of 21st July. Fourteen youngsters assisted by several supporters entertained a very appreciative audience with songs that fitted the occasion.

Our next major lunch will be on Tuesday 8th September to recognise Father's Day which falls a couple of days earlier on Sunday 6th September.

We also need to note that the Annual General Meeting for our Association will be held on Tuesday 15th September at 1:00pm immediately after lunch at the Centre.

Nominations for election to the Board will be accepted up to 4pm August 14.

Meet Our Hairdresser



Hi, I'm Julie, a UK-trained hairdresser with over **45 years of experience** in the hairdressing industry. Originally from **Swansea, South Wales**, I emigrated to Perth, where I have proudly called home for the past 16 years.

Hairdressing is my passion. Over the years, I've gained a wealth of knowledge and experience, but what I enjoy most is helping my clients look and feel their very best. There is nothing more

rewarding than seeing someone leave their appointment feeling refreshed, confident, and smiling.

I believe every client deserves personalised, one-to-one care in a relaxed and friendly environment. I love getting to know people, listening to their stories, and creating hairstyles that suit their lifestyle, personality, and individual needs.

I am available at the Hair salon every Tuesday. Call me on **0424 349 148** to make your appointment.

Message From the Board

What a wonderful Christmas in July lunch we had on the 21st of July with the Orphans of Uganda entertaining us – they were well received by some 50 members. We hope to have similar lunches in the future with excellent entertainment. Also we are considering having a good old fashioned sing song prior to lunch.

Your Board is meeting with City of South Perth Councillors next week

If you have any suggestion that may help the Centre, would you please let the Administrator know or place it in writing at reception.

Ross O'Neil JP
President

Meet a Volunteer



Our featured Volunteer this month is Molly who started in the Centre in 2012 delivering Meals on Wheels and later moved the kitchen, helping to keep things running smoothly.

Molly also sets the tables each week, and creates beautiful serviettes for the special events lunches, appropriate for each celebration.



Christmas



in July

Tuesday Lunch Menus

4th Aug

Entrée

Main

Dessert

Chicken Bone Broth Soup
Lasagna with
Green Beans and Carrots
Flan

11th Aug

Entrée

Main

Dessert

Pea and Ham Soup
Salmon Patties with
Broccoli and Cabbage
Bread and Butter Pudding

18th Aug

Entrée

Main

Dessert

Carrot Soup
Roast potato, pumpkin and peas
with Mashed Potato and Brussel
Sprouts
Panna Cotta

25th Aug

Entrée

Main

Dessert

Pumpkin Soup
Corn Beef with
Potato, Carrots and Cabbage
Fruit Salad and Ice Cream

Focus on Chess

Would you like to play SEMI serious Chess??

You are welcome to join the friendly social South Perth Chess Club that meets here at the Centre on Monday from 11:30 am till 3pm.

While visitors are welcome for a couple of days, we would like to have more members. We play a standard version of chess and swap pairs around after a game of two.

Just turn up or phone Bob on 08 8367 5548 or Greg on 0438 088 132.

